



2019 - 2020

Date	Event
*Nov. 11	*Wrestling Practice Start Date 3:00 in Wrestling Room
Nov. 21	Red/White Varsity/JV match and meet the team night (Thursday)
Nov. 22	Hydration Test (meet at PGHS with picture ID & singlet @ 5:15 pm)
Nov. 22	10 Hour Practice (9 pm - 7 am)
Nov. 26	Annual Battle of the Forks @ Spanish Fork
Nov. 27	Practice at 7:00 am (no school)
**Nov. 28 - Dec 1	**Thanksgiving Moratorium (no practices)
Dec. 2	*Practice resumes at normal times
Dec. 4	AF @ Mt. View
Dec. 5	AF @ PG
Dec. 6 - 7	Syracuse Scuffle (Syracuse High School)
Dec. 11	Fremont @ AF
Dec. 14	Clash of the Titans (Either Kearns or Olympus High School)
Dec. 18	Westlake @ AF
Dec. 20-21	Viewmont Invitational (Viewmont High School)
**Dec. 22 – 25	**Christmas Moratorium (no practices) State Adjusted Moratorium
Dec 26 – 28	Sierra Nevada Classic (travel on 26 th and 28 th)
Dec. 27 - 31	Practice each morning (except Sunday) Times to be announced (for those not attending SNC)
**Dec. - Jan. 1	**New Year Moratorium
Jan. 2	Prep for 6A Duals
Jan. 3-4	6A Duals Championships
Jan. 8	Lehi @ AF
Jan. 9	Lone Peak @ AF
Jan. 11	Alpine District Championships
Jan. 15	Copper Hills @ AF
Jan. 16	AF @ Corner Canyon
Jan. 17 - 18	The Rumble @ Farmington Events Center (Varsity)
Jan. 17 - 18	The Rumble @ Farmington Events Center or Farmington HS (Junior Varsity and extras)
Jan. 22	AF @ Skyridge
Jan 31 and Feb 1	6A Divisional Tournament @ (TBA)
Feb. 12 - 13	6A State Tournament @ UVU

Regular dual times will be as follows:

Weigh-ins: 4:00 P.M.

JV Matches: 5:00 P.M.

Varsity Matches: 7:00 P.M.

*Practices are held every Monday through Saturday that there are no scheduled matches or moratoriums. Practices will be held at 3:00 - 5:00 on A days and 1:30 - 4:00 on Bdays.

Home Matches/Events in Bold